

# **CAROLINE R. PRICE M.D., P.A.**

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## **CHEMICAL PEEL – INFORMED CONSENT FORM**

This form is designed to give you the information you need to make an informed choice on whether or not to undergo a chemical peel. If you have any questions, please do not hesitate to ask.

While a chemical peel is effective in most cases, no guarantee can be made that a specific patient will benefit from treatment.

### **I understand that this treatment:**

- Causes a burning sensation that will last one to several minutes
- May need to be done more than once, depending upon my skin type and the nature of my skin problem

At an early stage of treatment, the site of the peel will undergo the following stages:

- The skin will feel tight for 2 to 3 days after the application of the solution.
- It will darken on the second day or early on the third day, and then will start to peel.
- The peeling will be completed in 2 or 3 more days.  
When deeper peels are necessary, the peeling will last 1 to 2 weeks. Swelling, particularly around the eyes, also takes place with deeper peels. The eyes may even swell shut for 2 to 3 days. Cool, dry compresses help to reduce the swelling.
- The skin may feel dry and itchy; a mild stinging sensation may also be present.  
Adherence to the home care instructions should ease any discomfort which usually subsides when the peel is completed.
- The deeper the peel, the more time is needed for healing – up to two weeks or so.

### **Possible Complications:**

Complications occur in this as well as any other form of surgical treatment. Careful attention to the doctor's instructions is imperative. Contact the office immediately if any of the following symptoms occur:

- Skin infection
- Appearance of a cold sore on the lips or on any other site of the treatment area; it could spread if not cared for immediately, and possibly result in scarring.
- Decrease or increase in skin pigmentation – most will usually blend in eventually, but some may never disappear. Sun exposure increases the risk of hyperpigmentation.
- Changes in skin texture
- A line of demarcation between the peeled and unpeeled skin
- Hypertrophic reactions or keloids in susceptible people may suddenly appear around the lips, along the jawline or in cheeks. Most of these respond to injections or special creams. Some scarring could be permanent.
- Wind or sun sensitivity
- Allergic reaction or irritation to some of the medications or creams
- Scarring from infection, irritation or scratching does blend and ordinarily disappears in a few months, but again, some scarring could be permanent.

The doctor has explained to me the possible complications and I understand them.

Medical treatment is not an exact science. The degree of improvement is variable. Occasionally, there is no improvement and another form of treatment may be required. Occasionally, there may even be worsening. The results may be temporary and treatment does not take the place of preventative skin care.

Comments: \_\_\_\_\_  
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\_\_\_\_\_  
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**By my initials, I acknowledge that I have received a copy of this chemical peel informed consent form. \_\_\_\_\_**

**By signing below, I acknowledge that I have read the foregoing chemical peel informed consent form and that I feel the doctor has adequately informed me of the risks of chemical peel, alternative methods of treatment, and the risks of not treating my condition, and I hereby consent to chemical peel to be performed by Dr. Caroline R. Price on:**

_____ <b>Physician Signature</b>	_____ <b>Patient/Guardian Signature</b>	____/____/____ <b>Date</b>
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