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WOUND CARE INSTRUCTIONS

PATIENT NAME: _____

1. If any bleeding occurs, hold firm, direct pressure on the area for ten minutes.
2. Keep the wound dry for 24 hours, after which you may bathe or shower as usual.
3. After the first day, begin cleaning the wound twice a day with a mild, fragrance-free cleaner (Cetaphil®, Dove Unscented®, CeraVe®)
4. After cleaning, apply a thin layer of petroleum jelly or Polysporin®. Neosporin® is **NOT** recommended.
5. Keep the wound covered with a latex-free Band-Aid or non-stick bandage (Telfa®).
6. Continue wound care until the area is well healed.
7. If you have stitches, continue wound care until the stitches are removed.
8. Stitches will need to be removed in _____ days.
9. Other Instructions: _____

Please contact our office if you notice any increased redness, swelling, or pain.
864-331-2505

(Patient's Copy)
Please tear off this sheet to take home
as a guide for proper wound care.